

THE NATIONAL CONFERENCE ON “RIGHTS OF PWDs ACT, 2016

Proceedings

The National Conference on Rights of Person with Disability Act-2016 from November 30 and December 1, 2018 and The National Seminar on Issues of Psychosocial on December 2, 2018 were organized in association with IHBAS and MANOVIKAS.

The slogan of this event was to Realizing potential of Person with Intellectual & Psychosocial Disability

We have seventy delegates from eight states including Jammu and Kashmir. Total 52 Resource Persons and Speakers have delivered their presentations and kept thoughts.



The National Conference was started with the Sraswati Vandana by the B.Sc. III year Nursing Students from RML Hospital. The Welcome address was delivered by the Dr. Deepak Kumar, HOD, Department of Psychiatry, IHBAS and Dr. ... Choudhary has given overview on IHBAS.



In the keynote speech, Dr. Alok Kumar “Bhuwan”, Managing Secretary has talked about the Principles of RPD Act 2016 is based on respect autonomy including the freedom to make one’s own choices, and independence of persons, which is based on UNCRPD, and highlighted Specific areas of the Act, like Community life, Protection from abuse, violence and exploitation, Legal Capacity, Free education for children with benchmark disabilities, 5% Reservation in higher educational institutions and Special Provisions for persons with disabilities with high support.

The conference has highlighted three major Concerns 1. Respect for the persons with disability, 2. Freedom to make one’s own choices and 3. Evolving capacities. And the sessions were designed to full the objectives on the basis of these specific areas.

In the inaugural session as the Guest of Honor, Mr. Anil Bajpai, MLA of Gandhi Nagar, Delhi Constituency has shown the very open hearted gesture to support the persons with disabilities through Government of Delhi and bring out some innovative plan and ideas out of these three days to develop disability friendly policy in Delhi.

Day 1: Friday, 30th November 2018

Session 1

Mrs. Stuti Kacker, IAS, Former Chairperson of NCPCR

The Chief Guest Mrs. Stuti Kacker, Former Chairperson of National Commission for the Protection of Child Rights (NCPCR) has suggested to highlight the specific areas of the Act where persons with Intellectual and psychosocial disability should excel and enjoy the rights under the RPD Act. She suggested to start some Research oriented framework in the education and community life participation of persons with disability. She has also requested Mr. Anil Bajpai to make Delhi completely accessible for the persons with disabilities.

- Further she added that we all live in a multi cultured society but despite of all the challenges, Manovikas is really doing a great job.
- We need to look at the Safety and Security of the children and children with disability as the rate of child abuse is very high these days. 90% of the criminals are insiders and 10% are outsiders.
- The emphasis on checking who harms these children is very important and checked on the facilities/benefits which could be provided to the children and children with disability.
- She said that we need to sensitize people about the psychological disability they face and ensure they remain safe at all times.



Mr. CP Singh, PA of Rajendra Pal Gautam



Mr. CP Singh, He said that we all work in this field not only to earn money but to do something to bring a smile on others face and change their lives which makes him feel glad.

Mr. Anil Bajpai, MLA, Gandhi Nagar

Mr. Anil Bajpai shared an incident about his personal life how he met with a major accident and a person commented about him that he is walking with crutches. This made him feel how a disabled person feels and so he emphasized the need to do something for the disabled.

- He called Manovikas Charitable Trust as his family and said that he would be happy and pleased to provide any help required and would also speak to the CM to provide the required help.
- He also remembered his mother saying that “You should do good without expectation” which helps you get blessings.



Dr. Kamal Kumar, Vice President of Manovikas Charitable Society



The vote of thanks were given by Dr. Kamal Kumar, he has quoted an example of evolving capability of a person with disability which was appreciated by gathering.

The first technical session on Provisions of Education under RPD Act was Chaired by Mrs. Stuti Narain Kacker, IAS, Former Chairman, NCPDR and Dr. Kamal Kumar, Vice President,

Manovikas Charitable Society. Madam Kacker has suggested bringing some recommendations out of this event and developing instructional guidelines for the teachers and caregivers.

2nd Session:

Mrs. Samrah, Member, DCPCR

Mrs. Samrah, has given the overviews on Child Rights and RPD Act for Education of the Children with Special Needs. She has highlighted the difficulty in the case children with intellectual and psychosocial disability is more significant due to lack of understanding of the views and needs of the child by the society at large.

- She quoted that “Anybody can live life with Dignity”
- Mrs. Samrah also said that she has worked in this field for years and has realized that many of the children want to work in places like parlors, libraries, factories, etc.
- We should not label anyone but should motivate the people with disability to be participative in every activity. They should be provided with work that is easy and respectable which allows them to use their abilities.
- Government has given many benefits to the persons with disability to make their lives good.
- They should be accepted without any discrimination, providing them with education and opportunities for sports, recreation activities, etc. and treat them as equal to others. They should also make facilities such as buildings, campus, travel, etc. accessible for them.



She also spoke about maximizing academic and social development consistent with the goal of full inclusion and ensure that the education to the person who are blind or deaf or both are imparted education in the most appropriate language.

In addition to the above she also added that we should

- Conduct a survey of school to identify children with disability
- To establish adequate number of teachers training institute
- To train and employ teacher who are qualified
- To provide the use of appropriate augmentative and alternative mode including means and format of communication

- To provide books, learning material, assistive device free of cost till the age of 18.

“Koshish kisi ko de sakti hai zindagi to kyon na kare hum pehel”

Dr. Deepak Kumar, HOD, Department of Psychiatry, IHBAS

Overviews of current guidelines on SLD issues requiring focus was discussed by Dr. Deepak Kumar. He has kept the point of view of the stakeholders on the needs of Certification of SPLD, the process of making certificates is difficult due some provisions in the guideline are not up to the mark. He said that, before the parents were not able to recognize their child's learning disability but after seeing the movie Tare Zameen Par everyone started recognizing that their child's learning related issue. In many states like Maharashtra, Karnataka, Tamil Nadu and Delhi many organizations and hospitals are helping SLG children by formulating provision so that they can continue mainstream schooling. CVSE is giving relaxation to SLG children by giving them



- Extra Time
- Exemption
- Permission to get their own writer

He gave the information regarding this Disability Right like changing face of Disability Movement and need for uniformity.

He shared the current situation of the children that they are facing by not getting the certification of neurodevelopment disorder.

He stressed on the issue that in the SLD Area

- Regular teachers should get trained to deal with the person with disability and should also get training regarding tools to teach them.

Smt. Stuti Kacker added to it that even the some people who do not fall under the disabled category also get duplicate certificate made to get the benefits extended only to the disabled people.

Mrs. Namrta Amar, Governing Board Member, Manovikas Charitable Society

While cases presentation by Mrs. Namrta Amar, suggested A model of alternative educations from NIOS, IGNOU and National Skill Qualification Framework (NSQF).

She started her speech by saying the words **“Shikshit Samaj hi hai Viksit Samaj”**

She discussed about the “Models of alternative education” in her speech by saying that we need to work as



per all the acts. RTI gave us Right to Education for Person with Disability.

She said they should have equal opportunity to participate in sports and cultural activities and participate in all aspects of life. To facilitate and support employment for Person with Disability we should provide them vocational training.

She emphasized that they should get

- Loan at concessional rates
- Products made by them should get sold in market

She said, Manovikas believes in inclusion right from the beginning and does so and NIOS also gives them the flexibility in selection of subjects and appearing in examination. She shared one of her case study with all of us that she met a 17 year old boy in 2013 who came to Manovikas and then he got admitted to class fifth and there he learnt and progressed which enabled him to get employment. She shared one more case study with us about a 23 year girl who she met in 2010 who came in contact with Manovikas and then got admission to OBE – B Level course which led to her personal and professional development.

Mr. Anil continued that he met a father of a child with learning disability who requested Mr. Anil to admit his son with to his school. Mr. Anil agreed instantly and got the child admitted. The father also requested Mr. Anil to allow his son write on his own and by doing so the child did very well in his examination and Mr. Anil also said that they don't need sympathy but they need opportunity to do what they can.

Session 3:

Ms. Geetanjali Goel, Special Secretary, DSLSA

The technical session two was based on Rights and Entitlements under RPD Act and the Additional Session Judge Ms. Geetanjali Goel chaired it. She has recommended publishing the success stories and cases presentations in public Domain to build the awareness among mass population.

- She then started by saying that we don't understand the disability related issues properly. She travelled all over India and came to know that people are not aware of these disabilities. We should pay attention to these issues as it can be faced by anyone. Disability was considered to be a medical issue in the past but it is now considered as a behavioral physical disability.
- She said anybody including person with disability can go to court and take legal help from the authorities free of cost.



Mr. Ravi Prakash Singh, Lecturer, NIEPID, RC Navi Mumbai

Universal Design of Learning (UDL) as a tool for exercising rights by PwD, Mr. Ravi Prakash Singh, has shown some examples of restaurant menus and highlighted the educational rights by providing flexibility in evaluation, innovative teaching methods, development of cross disability teacher training programme, and inclusive curriculum.

- He started his speech by saying acceptance and appreciation is important for children with disability. He said inclusion is done but teachers are not trained how to deal with these children. He also said that teachers attitude



towards

inclusion is not so positive. Negative attitude is due to lack of knowledge and training.

- Our education system should be as per the children and being a teacher our duty is to find the strength of the child.

We should bring learning to the people instead of pushing people to learn. Traditional Classroom should be there and information should be provided in easy way. We need to have a constructive approach. UDL is an approach to teaching aimed at meeting the needs of every student in a classroom.

**Mrs. Sangeeta, Project Officer (Advocacy),
Manovikas Institute for Higher Education**

Showing a success story of a child with intellectual disability from homeless situation to leading a dignified Community life, Mrs. Sangeeta, suggested that the institution and teachers should be aware about the available Govt. provisions and they should make small innovation like recognition of prior learning which could make successful life of any individual.

- A boy who came from Gurudwara and came in contact with Manovikas and here he did his education and training and now he has got his employment and is now working.
- In another case a boy with disability came in contact with Manovikas and started his journey, got trained and he also got employment and is now working at Dalmia Group as a Housekeeping Staff.



Ms. Suvarna Raj, Para-Athlete and Disability Activist

Ms. Suvarna Raj, has quoted her own journey of life from school. She emphasized the Self Advocacy for Rights is very important for any persons with disability to lead dignified life.

She started her speech by saying that we should know about all our rights then only we can get benefitted. She also said accessibility is important which is not there at many places.

She asked, is this not the States responsibility to do so? Why is the government not stepping forward to do so?

She said that Topic of Sensitization towards disability should be there in school for children so that they can be sensitized towards person with disability.



**Dr. U.K. Sinha, HOD, Department of Clinical
Psychology, IHBAS**

While taking on Assessment & Certification of Psycho social Disability, Dr. U.K. Sinha, has briefed about the recent changes in the guideline and different tools specified for certifications. He also focused on issues like timeframe,



decentralization of assessment, involvement of all hospitals, health institutions and apex institution.

- He said it's our inherent responsibility to speak out regarding these disabilities.
- Then he discussed about psychological disabilities – The concept, Nature, Provision under RPWD act.
- In this disability the ability to learn new things is being affected.
- He mentioned about one more disability that is disability due to cognitive impairment.
- He focused on few points like instruments need to be specified for this disability and decentralization of assessment is required so that no one has to travel far to get the assessment done.

Ms. Soni Jaiswal, Clinical Psychologist

There were two paper presentations by Ms. Soni Jaiswal and Ms. Aishwarya Raj, Clinical Psychologist, Student Wellness Center, AIIMS on Care of caregivers and mental health of caregivers and disability among elderly in Indian.

Ms. Soni Jaiswal have quoted the about the burdens on caregivers are very huge and policy of giving relaxation like income tax rebates or other benefits to the caretakers can be a motivating way forward for the care of PwD life.

- She said a person who is around with Person with Disability all the time gets burdened too because they don't get time for themselves.
- Sometimes the care giver is not paid also and they get strained.
- In many cases caregivers get stressed, anxiety and depressed.
- She also said there is a need to care for caregivers by reducing their stress and anxiety level.
- Giving them time for themselves helps them improve their personal and social life.
- Relaxation techniques should be provided like Meditation, etc.
- Time Management for them is important and should be taught to them.



Ms. Aishwarya Raj, Clinical Psychologist

Ms. Aishwarya Raj, She talked about aging in adults and she focused on the condition of elderly people. 55% of elderly population finds their health poor.

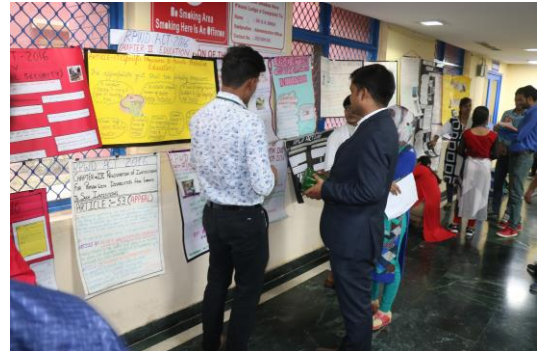
- It's noted that many of the elderly people live alone because of various reasons like Children Studying and getting settled in abroad and in many cases children are getting married and getting separated.



- She said they should get long term care. It would require nursing, psychologist, social worker, etc.
- Western countries have acknowledged the important role of Elderly Care as part of society's culture by providing all necessary help to them.
- She also said that the condition of Elderly is very poor as they don't get any support system so awareness and sensitization is very important.

A Poster Exhibition, under the guidance of Mrs. Indira Alok

A Poster Exhibition on 21 types of disability and highlights of Rights of Person with Disability Act-2016 was observed by the delegated during the events. This exhibition was displayed by forty nine teacher trainees of Manovikas under the guidance of Mrs. Indira Alok, Principal, Manovikas School for Inclusion.



Day 2 : Saturday December 1,2018

Session 1:

Dr. Jahanara M Gajendragad, HOD, Department of Psychiatric Social Work, IHBAS

Second day of the conference was based on how the freedom to make one's own choices by the persons with disability can lead a successful life. The group of person with disability started the Panel Discussion and this session was chaired by Dr. Jahanara M Gajendragad, HOD, Department of Psychiatric Social Work, IHBAS , she said that we all have same rights and in the social leans we should see the persons with disability as equal member having their own rights.



Ms. Preeti Monga, Founder and CEO, Silver Linings Foundation

Ms. Preeti Monga, Founder and CEO, Silver Linings Foundation has shared her personal life experience.

Being blind can be difficult for anyone to accept. In a country like India, it is sometimes all the more demanding due to societal attitudes and lack of access. Preeti Monga has been visually impaired since age six. Here she recounts, in her own words, the challenges she has had to face and the courage she found to not only overcome them, but also start an organization to help persons with disability. She fought against the system. She has written two books one is "The



Other Senses: An Inspiring True Story of a Visually Impaired”(2012), “Flight without Sight”(2018). She provides free and quality education for Girls with Visual Impairment.

Mr. Ramavtar Singh, Sn. Technical Assistant (Computer), Delhi University

Talking on Attitudinal Change, Mr. Ramavtar Singh, Sn. Technical Assistant (Computer), Delhi University has shared his personal life experience, while living in remote village where everyone were thinking him as the burden on the society but his own efforts and achievements in present time he has changed the life of many youths of his village and now recognized as a well known career advisor in the Delhi University.



Mr. Indermohan, Student, Manovikas

Mr. Indermohan, Student, Manovikas having intellectual disability, My Legal Capacity, he has confidently presented the PowerPoint presentation.

- He has Voter ID Card and he cast the vote.
- He has driving license and drives the private vehicle.
- He showed us and motivate everyone how he live his life as other live.
- He feels good that he has legal capacity to lead life in the community.



Ms. Shalini Mehra, A resident of Saksham

Ms. Shalini Mehra, a resident of Saksham Halfway Home of IHBAS shared the journey how the IHBAS has provided medical support and shelter and meaningful life to lead with dignity and pride. She has appreciated the efforts of Mr. Himanshu, In charge of home for providing regular counseling and care.



Pravin B. Yannawar, Senior Consultant of Psychiatric Social Work, IHBAS

Presenting an overview of Psychosocial Disability and Social Security Measures Dr.

Pravin B. Yannawar, Senior Consultant of Psychiatric Social Work, IHBAS explained Social Entitlements for persons with mental health issues. He explained social entitlements like Ration Card, Voter ID card, Pradhan Mantri Jan Dhan Scheme and other entitlements. After this he explained about Disability Benefit in India like travel concession, communication, in telecommunication, education, Pensions, Employment etc. He also explained about National Trust schemes like



- VIKAAS(Day Care),
- DISHA, Early Intervention and School Readiness Scheme
- SAMARTH, Respite Care
- GHARAUNDA, Group Home for Adults
- NIRAMAYA, Health Insurance Scheme
- SAHYOGI, Caregiver training scheme
- GYAN PRABHA, Educational support
- PRERNA, Marketing Assistance
- SAMBHAV, Aids and Assistive Devices
- BADHTE KADAM, Awareness, Community Interaction and Innovative Project

Session 2:

Session two of the second day of conference was completely based on the views of parents and caregivers for those living either with the family or in child care institutions. The session has highlighted the Provisions for Persons with high support needs.

Mr. Ajay Arora, SDM, Mayur Vihar and Dr. (Mrs.) VijayaTaing, Parents' Representative, Manovikas, chaired the session.

Dr. (Mrs.) Vijaya Taing, Parents' Representative, Manovikas

Dr. (Mrs.) VijayaTaing, Parents' Representative, Manovikas, chaired the session. She shared her experience as a parent. How she deal with stereotype behavior of different people in the society. She explained about disability is a problem not of the individual but of the disabling society.



Ms. Merry Barua, Director, Action for Autism

Giving emphasis on advancement and developments for people with high support needs, Ms. Merry Barua, Director, Action for Autism gave the examples of Assistive devices for person with High support needs. She suggested that the people with high support need can go for open employment with some accommodations like scheduling and technology. She said that "Thinking of incapacity in the people's mind not in the person with disability. She has also made a clear Concept of Partial Guardianship and said that not all decision guardians should take; the PwD has right to make their own decision.



Mrs. Ranjana Srivastava, Member, Child Welfare Committee (CWC)

While talking on institutional care for children with disabilities, Mrs. Ranjana Srivastava, Member, Child Welfare Committee (CWC) and a mother of child with special needs said Fit facility is very effective in care and protection of children with



intellectual and psychosocial disability. She has quoted IHBAS as a fit facility – for short-term care but there are need long term intervention in Delhi as the Asha Kiran and Awantika is overcrowded.

She has also highlighted that on average basis every CWC receives 6-7 special children every month and there are 10 Homes in Delhi and the long term care of these children are really challenge for the Govt.

Ms. Naynee Singh, Programme Coordinator from Udayan Care

Ms. Naynee Singh, Programme Coordinator from Udayan Care has presented the Care and Protection for Children with Disability: A context of Udayan Care's Child and Youth Care Model where children with mild or moderate level disabilities are also included. She has emphasized on Mental Health programme of Udayan care creates a sense of belongingness living like in a family environment is very important.

- She discussed about law and policy on Children with Disability: PwD provisions, Child Rights Policies, Enactment for care and protection of Children, Monitoring of child rights, Equality in treatment in schemes and programmes.
- The identify issues of the children living in child care institutions are very big stigma in schools or in community and same get double while the children with disability goes for inclusion in mainstream schools.



Ms. Sonam , Project In-charge of Saath-Saath Quality of Life (QoL) Center

Ms. Sonam, Project In-charge of Saath-Saath Quality of Life (QoL) Center has presented some cases that how a girl with high support needs has changed form bringing 'Stone to apple' in the center. Ms. Sonam elaborated that the persons with intellectual and psychosocial disability are abused in the community and their behaviors also change in negative ways.

She explained about the Saath- Saath Center:

- For the community, by the community with the community.
- Safe and secure environment.
- This Program enhances communication skills, personal hygiene and grooming skills etc.
- Students make their own choice to be independent in the community.

The QoL Center works for the overall development and they stop throwing stone on the person and reciprocate good behavior and offers apple. She elaborate the prospective of parents as well.



Mrs. Premvati, Parents'

As the prospective of parents towards their own life changes if proper institutional support and guidance is facilitated. Mrs. Premvati, Parents' Representative of Bliss of Life Center of Manovikas, shared the view how she has upgraded her qualification from class V to perusing graduation level along with caring and supporting a severely disabled child. After getting good experience from Manovikas, She is more concerned about Rahul's Quality of Life.



Mr. Naveen Singh, Asst. Professor of Amity University

Mr. Naveen Singh, has presented a border spectrum to reach larger group of population with disability with the help of Mobile learning (m-learning) and internet based learning (e-learning). He also quoted the examples of Mobile Court for PWD has changed the life in several part of the country.

Discussed points:

- Types of Specific Disabilities & Salient features
- Paradigm shift from Medical to Social model
- Change from Welfare/Charity to Rights
- Shift from Disability to Diversity
- Special Provisions for Persons with Benchmark Disabilities



The fifth session of the conference has open the debate on setting a period to start early Intervention programme in case of person with psychosocial disability. Highlighting the psychological and medical aspects, Dr. Deepak Kumar, HOD, Department of Psychiatry, IHBAS chaired the session and open the floor to think about it.

Session 3:

Dr. Dipti Yadav, Clinical Psychologist

Dr. Dipti Yadav, a Clinical Psychologist has explained about different models of training for the parents and teachers as the national Campaign can change the mindset. Some other points she focused during session:

- Promotion of integrated programme.
- Sensitization of everyone.
- Referral of cases.



Ms. Tanuja, Clinical Psychologist

Ms. Tanuja, Clinical Psychologist, Institute of Mental Health and Life Skills, Department of Child Development & Adolescent Health, Moolchand Medicity.

- Expressions India has explained about the efforts of Expression India. It is a well recognized and awarded program by the governmental and nongovernmental organizations in the country. This program strives to empower, support and streamline the co-scholastic and allied elements to effectively promote child and adolescent wellbeing in an inclusive environment for Indian Schools.
- She discussed about Warning Signs Of Psychological Difficulties are Quitting, Avoiding, Clowning, Controlling, Being aggressive and bullying, Denying, Being impulsive.
- She showed a video based on Early Intervention.
- She introduced concept of Neuroplasticity in early age.



The team from IHABS especially Department of Psychiatric Social Work in the leadership of Dr. Jahanara along with Dr. Praveen and Mr. Himanshu has made this event successful.

Day 3 : December 2, 2018

Session 1:

Dr. Nimesh G. Desai, Director, IHBAS

In the keynote speech, Dr. Nimesh G. Desai, Director, IHBAS has talked about the Psycho social disabilities. He said from 2005 Psycho social disabilities should be evaluated properly, so that we can identify; issues and causes. He gave Mr. Dhariyal's brief description.

- He said we should be patient and work positively and motivate everyone to do discussion during conference so that we get better results.
- He quoted that **"Acts do not change the society actions do."**
- We could merge our expectations, experience, actions to resolve this.
- He said pragmatism, idealism is what is required. In 21st century every issue is complex.
- Further he said complications could be seen in a PwDs life.
- He said stress free environment is impossible.



- He said individual stories should be made for giving lessons. For social work, What we could say only that much we should talk.

Dr. Jahanara M Gajendragad, HOD, Department of Psychiatric Social Work, IHBAS

Dr. Jahanara M Gajendragad HOD, Department of Psychiatric Social Work, IHBAS, She said disabilities is not just means that having a problem. Further she added that we have to motivate our teenagers to give smart ideas, participation.



Dr. Deepak Kumar, HOD, Department of Psychiatry, IHBAS

Dr. Deepak Kumar, He discussed about the population of psycho social disabled persons and accessibility issues are rush in nearby hospitals, and whole process of certification is very critical for person with psycho social disabilities and their parents.

- He suggested we have to do adapt collaborative model throughout the health and social sector.
- Mainstreaming should be provided through us in the nature.



Mr. T.D. Dhariyal, Commissioner for Persons with Disabilities, Govt. of NCT of Delhi

T. D. Dhariyal, He said to find alternatives to resolve the problems.

- He said the laws of our nation and their implementation is very challenging which is very important. The awareness among families and communities should be done.
- Hospitals like IHBAS should be build up and accessible too.
- Further he added, like Dr. Deepak said convergence and communication is very important to mainstream the persons with psycho social disabilities and their families.
- The certification process of psycho social disabilities is very time taking.
- We should try to make people to get direct contact to administration instead of doctors.



- We should bridge all the gaps between the person with psycho social disabilities and the service provider.
- Everything is possible whatever we want, we have enough laws.
- Awareness of parents should be done through role play, nukkad natak.

Dr. Alok Kumar Bhuwan, Managing Secretary, Manovikas Charitable Society

Dr. Alok Kumar “Bhuwan”, Managing Secretary has talked about that we deal with Person with intellectual disability but no one is dealing with psycho social disability.

- We can include them through the support of IHBAS and other clinics.
- Psycho social disable people should be included in the society through different modules.
- Respect the choice of the person is very major issue which is started from parents.
- Our programme related to this is “Make my choice”. We’ve organized too many workshops.
- He share his personal experience of Make my choice workshops and other activities of Manovikas.
- Further he added that we should work quarterly to solve this issue through seminar, workshops and panel discussion.



Session 2:

Dr. Roma Kumar, Consultant, Sir Ganga Ram Hospital

Dr. Roma Kumar, She share some personal experience, and focused on the placement issue of the person with disability.

- She said we should do some work for taking care of mother.
- She said let’s trained PwD’s to be happy and progressive.
- She said don’t expect too much by parents and don’t discourage them and builds some patience in you work.
- She gave an example of girl who came by interchanging metro and graduated accept walking problem. She is working as a counselor.
- She said open up you minds and tell people what should they do for PwDs.



Sh. Anand Maheshwari, Governing Board Member, Manovikas



Sh. Anand Maheshwari, He discussed about his experiences. He said empower your thoughts. He said to raise action about inclusive education and spread awareness about the facilities.

Dr. Vijender Singh, Associate Professor of Psychiatry, IHBAS

Dr. Vijender Singh, He discussed about Health Care for Persons with Psychosocial Disability.

He focused on all these points:

- Specific Issues of Psycho social Disability: Stigma, Discrimination, Neglect, Exploitation/manipulation, Isolation/marginalization
- Health care issues: Physical Neglect, Attitude of families & society, Lack of seeking medical help, Non-compliance, Attitude of health care workers, Lack of resources.
- He shared some facts about health care in Psychosocial Disability.
- He shares the IHBAS Initiatives.
- What has been achieved :UNCRPD ratified, RPWD 2016, MHA, 2017, Judicial activism, Govt. Initiatives eg. NIMHR
- He stated some statistical data.
- He explained Process of Rescue/Engagement of Patient into Treatment.
- He showed some pictures of Community awareness.
- At the end he discuss some challenges: Huge burden of PS Disability, Stigma associated, Limited awareness amongst people on mental health issues, Limited resources.



Mr. Himanshu Kumar Singh, Department of Psychiatric Social Work, IHBAS

Mr. Himanshu Kumar Singh, He discussed about Health care for person with psychosocial Disability. Experience with care of person living with mental illness(PLMI).

He describe about SAKSHAM, In a

hospital set up itself we tried to take account of holistic health care of our long stay patients and for same we opened a model halfway home /long stay home and named it "SAKSHAM".

- Half way home originally established to provide intermediary care between hospital and community living.

- For overall health and better quality, we have shifted male and female patients who were earlier residing in ward set up since long time.
- We as a hospital having collective responsibility to provide holistic care for patients.
- Initially there were confusion among patients for shifting
- We made aim of Transferring/Shifting: To enhance the daily living skills, To improve the quality of life, To develop work habit, To provide opportunities for productive life, To help them to live independent life as much as possible, To re-integrate patients/residents back in the community/with assistance in daily living.
- It was very challenging for us because every person has different needs according to their age.
- We do Holistic Healthy Care Approach : To take care of physical , medical, emotional and spiritual aspects, Diverse number of residents (to take care of youngest to oldest residents), To take care of clinical need (regular monitoring by multidisciplinary team), Group meetings.
- Different Activities: Different skill and vocational based activity done with help of O.T , P.T, Nursing professionals, Daily living skills – horticulture, washing , dusting , cleaning , cooking , recreational work.
- Our ultimate goal was to make an individual happy, healthy and to live his/her with dignity, respect and privacy.

Session 3:

Ms. Sunita Gudwani:

Ms. Sunita Gudwani, discussed about “Discerning potentials, impairments from disabilities in developmental dyslexia for optimal remediation”. She present some issues related to dyslexia.

- She firstly focused on factors affecting reading: reading motivation, language skill, visual and auditory acuteness, level of energy, attention area.
- She explained characteristics of person with dyslexia: difficulty in getting ideas on paper, handwriting difficulties, gets lost easily.
- She gave example of high achievers with Dyslexia.
- She stated some statistical data.
- Further she added about the diagnosis of dyslexia.
- She explained Neurobiology of Dyslexia.
- She explained about neuroplasticity : “The key to treating is to encourage the brain to change.”
- She stated some research based on person with dyslexia.
- At the end she focused on the rules and regulation.

Dr. J.P. Singh, Former member secretary, RCI

Dr. J.P. Singh, He said we can see the changes in terms ‘ Psychiatric to psycho social. After UNCRPD Act we can see the change in progress in the dignity, maintenance and non-discrimination value of a PwD.

He focused on all these points when he is sharing his experiences :

- No. of disabilities under the act has been increased.
- Facilities have been creating.
- Implementation of process of an act should be improvised.
- Now there is scope for the treatment of psycho social disabilities.
- We have good funds but department don't know what to do.
- When pressure builds up, We (RCI) got improvised.
- Education is for every disability is available.
- Deaf- blind is in the act in today's date.
- If we put issues in the system then gradually percolate automatically.
- Give equal opportunity to everyone in the system.
- There is 200 Cr. For special education but NGO don't get grant.
- All schools should have teachers.
- Brief description of EDIP scheme.



Mrs. Rashmi Krishnan, IAS, Secretary (SW & WCD) Govt. of Delhi



Mrs. Rashmi Krishnan, As a chief guest she shared her personal experience and prospective towards person with psycho social disability. She share some religious story of a child. She said there is thin line difference between the problematic behavior and an individual behavior. We should also respect the individuality of the person. Everyone has its own way to do things and has the liberty to do.