

## **Mrs. INDIRA ALOK**

*Principal and Executive Director, Manovikas School for Inclusion  
Member Examination Committee and Faculty, Manovikas-IGNOU Community College  
Special Educator and Dance Therapist*

---

### **CONTACT:**

**Mobile:** +91-9911107772, **Tel:** 011-2237 7771, 6542 2367 **E-Mail:** indira@manovikas.co.in  
**Web:** www.manovikas.co.in 60A, Radhey Puri Extn I, Near Jagat Puri Crossing, Delhi - 110051

### **OBJECTIVE:**

I am committed to dedicatedly serve the challenged persons for their well being by using my best professional skills and positive attitude. My objective of the life is to develop the world-class university for the higher education of persons with developmental disabilities.

### **ABOUT MY SELF:**

I have observed and realize the opportunities in the area of rehabilitation since my childhood being a younger sister of a brother having developmental disabilities. For me disability is a means of thinking to new dimensions and bringing changes in their lives with care and affection.

In the year 2003, I finished my Diploma education from Amar Jyoti, Delhi and joined Manovikas. I am working with my husband as an entrepreneur in the disability and social sector. We at Manovikas are pioneer for many projects and concepts in the country. Recently, our trailblazing efforts to think college education for the persons with developmental disabilities has taken the shape and achieving the college transition for targeted population. Manovikas-IGNOU Community College is one of the gateways from where the persons with disabilities are getting higher education and securing the jobs at mainstream employment market.

I am professionally trained in Kathak Dance and using as therapeutic modalities for the developmental changes and recreational education for our students. I love to share my specialized skills for the teachers of mainstream schools, educators, volunteers etc.

### **PROFESSIONAL EDUCATION:**

- **M.Ed. Special Education (Mental Retardation)**, from Utkal University, with Distinction in 2011
- **B.Ed. (Special Education in Mental Retardation)** from Madhy Pradesh Bhoj Open University, Bhopal, Affiliated by the Rehabilitation Council of India with 1st Division (68%) in 2005.
- **Associate Degree in Autism Spectrum Disorder**, from Manovikas-IGNOU Community College, perusing 2011
- **Diploma in Special Education (Mental Retardation)** from the National Institute for the Mentally Handicapped, Secunderabad at Amar Jyoti Rehabilitation and Research centre, Delhi, affiliated by the Rehabilitation Council of India with Distinction (75%) in 2003.
- **Certificate of Professional Practice in Inclusion: Aspects of Learning Difficulties for Children and Young People with disabilities**, Roehampton University, Landon UK. and Amar Jyoti, Delhi. In 2009.
- **Diploma in Nutrition and Health Education**, from Indira Gandhi Open University, 2005
- **Senior Diploma in Kathak Dance** from Prayag Sangeet Samittee, Allahabad, with 2nd Division in 1994
- **Visharad in Kathak Dance** from Bhatkande Sangeet Vidyapeeth, Lackonw, with 2nd Division

## **EDUCATIONAL EDUCATION:**

- **Master in Sociology** from IGNOU
- **Bachelor in Arts (Geography Honors)** from Ranch University with 2nd div. in 2001
- **Intermediate in Art** from Bihar Intermediate Education Council, with 1st Div. in 1998
- **10th** from Bihar School Examination Board with 2nd Div. in 1996

## **EXPERIENCE:**

- Working in Manovikas from June 2003, as a Special Educator, Principal, Faculty and social entrepreneur.
- I am teaching faculty associated to Sikkim Manipal University, Indira Gandhi National Open University, Delhi University etc.
- I have choreographed more than 100 dances for the persons/children with disabilities and able bodied.
- Understanding existence and working as Warden to explore the dimensions of overall care in residential and respite care through Independent Living
- Counselling, Assessing and Planning of Rehabilitation prospective.
- Use of thoughtfulness as Nutritionist and Health Educator.

## **CONTINUING REHABILITATION EDUCATION THROUGH WORKSHOPS AND SEMINARS**

- Attended the Creative Art Therapy Workshop by Mrs. Iram Gard Kof, of Germany at Maxmullar Bhawan and Manovikas.
- 5days training on Development of Pre-Vocational and Vocational Skills under Rehabilitation Council of India (RCI) Programme
- 5days training on Management of Sexual Need of persons with Mental Retardation under RCI Programme
- 5days training on Independent Living for the persons with disabilities under RCI Programmed

## **EXTRA CO-CURRICULAR :**

Participated in Abilympics, Special Olympics, Science Congress, UNISCO workshops, and various workshops in the field of Mental Retardation, Special Education etc.

**REGISTRATION No.:** A-21495 from CRR of RCI

## **PERSONAL DETAILS:**

- |  |                          |
|--|--------------------------|
| † Date of Birth: January 5, 1982                                   | † Nationality : Indian   |
| † Language Known: Hindi, English, Maithili                         | † Hobbies: Dance & Music |
| † Spouse's Name: Dr. Alok Kumar "Bhuwan"                           | † Daughter's Name: Adya  |
| † Reference : Mr. Vikram Dutt, President, Manovikas, M: 9810219839 |                          |

**INDIRA ALOK**